

Southport

December 2017 Issue

Southport Hosts 2nd Annual Precision Agriculture Workshop

Southport partnered with Unmanned Systems Canada, Rocky Mountain Equipment, and Ag Business and Crop Inc. to host the second annual Manitoba Precision Agriculture Workshop at the Flightline Building on December 14. Approximately 70 participants, organizers, and speakers were in attendance.

Participants had the opportunity to see products on the forefront of the market, hear from experts and companies in the field, ask questions, and network with agricultural industry leaders. As an economic driver in the area, Southport is proud to bring together industry leaders in the relevant topic of agriculture.



New Director, Operations at Southport



After 15+ years of service, Wade Linden has transitioned to a different role at Southport. Wade has moved from his previous role as Director, Operations, to a part-time role as Special Projects Advisor. Wade will provide guidance on upcoming projects in Southport's future. Southport would like to thank Wade for his many years of service and congratulate him on his new role.

The position of Southport's new Director, Operations has been filled by Peter Harrison (left). Peter's career in the Royal Canadian Air Force as an Officer and pilot has brought him many years of experience in personnel, finance and project management, safety management systems and aviation operations. His expertise will be invaluable in meeting Southport's goals and objectives. Welcome to the team, Peter!

Southport Sponsors Community Events

Southport continues to sponsor community events. In the past month Southport sponsored or donated to:

- Portage Plains United Way
- Salvation Army

Southport Supports United Way

Southport is proud to support the Portage Plains United Way. 100% of Southport's staff donated to the United Way through payroll contributions. Along with matching from Southport, this resulted in a \$6,000 donation. Southport also supported the United Way at other events throughout the year, including a raffle at the 25th Anniversary Celebration BBQ last August. The donations to the United Way for the year total \$7,500.



Picture Courtesy of: Portage Online

Congratulations 3CFFTS Graduates

Congratulations to the graduating classes of 3 Canadian Forces Flying Training School who earned their wings on December 1. The classes that graduated were RW 1704 and ME 1706. A great accomplishment and proud day for these new pilots!

Congratulations RRC Graduates

This past December, Red River College - Stevenson Aviation held a ceremony for their graduates. Congratulations to all of the students who graduated as an Aviation Maintenance Journey person.

Upcoming Events

Night with the Portage Terriers January 26

Southport and Central Plains RecPlex are proud to sponsor the Portage Terriers as their official dryland training facility. Come to the game to see them play the Winkler Flyers and enter to win prizes from the Central Plains RecPlex.

Home and Business Expo March 23-24

Southport and Central Plains RecPlex will be attending the Portage la Prairie Home and Business Expo at Stride Place. Stop by our booth to learn about Southport and enter to win a prize.

UAS Student Competition May 4-6

Southport will host the UAS Student Competition for the 4th time since 2012. Students from universities across Canada will compete on the Southport Airport with a security and safety themed challenge. The public is welcome to attend.

Manitoba Airshow July 7-8

Southport and KF Aerospace will host the 2018 Manitoba Airshow at the Southport Airport.

Contact Us!

25 Centenaire Drive, Southport, MB R0H 1N1
Phone: (204) 428-6030 **Toll Free:** 1-800-558-4680
Email: info@southport.ca **Web:** www.southport.ca

 [/southportairport](https://www.facebook.com/southportairport)

 [@SouthportMB](https://twitter.com/SouthportMB)

 [@centralplainsrecplex](https://www.instagram.com/centralplainsrecplex)

 [/centralplainsrecplex](https://www.facebook.com/centralplainsrecplex)

January Spotlight: Triceps

January's muscle is the triceps! The Triceps Brachii is a long muscle that is located on the back of the upper arm. The group is made up of the long, lateral, and medial heads, which work together to straighten and fixate the arm. The technical term means "three-headed," due to the three parts of the muscle. More information about muscle of the month and the exercises can be found on our website. Make sure to try out the challenge of the month: tricep dips!



Triceps

Member of the Month

Each month at the Central Plains RecPlex, we feature a member of the month who shows dedication to their fitness goals. This month is Mark Sokolowski! Mark has 22 years of experience as a PE teacher, which gave him an appreciation for fitness. Mark's favourite way to exercise is with the cables but he suggests that training the way that you enjoy is the most important. Congratulations Mark!



If you would like to nominate a member of the month, please let a staff member know.

Membership Discount Day

On January 10-11 you'll have the opportunity to sign up for a membership at a discounted rate! We're offering 10% off 6-month Core and Pure-Fit memberships, and 10% off 1-year Core and Pure-Fit memberships. (Includes adult, student, senior, and Emergency Service Provider rates.)

Christmas Countdown Winner

During December, we had a "Christmas Countdown" on our Facebook page. We had prizes for different challenges and finished off with a grand prize of a one-month membership. Congratulations to our winner, Valanne Chermishnok!